



The **HIGHLANDER**

September 2019

**The monthly newsletter of Highlands Methodist
Church, Leigh on Sea**

Worship in September 2019

1 st	11:00	United Service <u>at</u> <u>Wesley</u> Communion	Rev Norman Hooks
8 th	10:30	Café Church	Kathy McCullough
15 th	10:30	Morning Worship Communion	Rev Norman Hooks
22 nd	10:30	Morning Worship	Worship Leaders
25 th	10:30	Morning Worship	Rev Norman Hooks

**'Crafty Church' meets at 10:30 am on Sundays
For young people - meeting Jesus through art and craft**

Come in and FaceTime with Jesus

Find more information at: www.highlandsmethodist.org.uk



Highlands (Leigh) Methodist Church



The ***Highlander*** is published by Highlands Methodist Church, Sutherland Blvd, Leigh-on-Sea, Essex, SS9 3PT. Highlands Methodist Church is a member church of the *Southend and Leigh Circuit*, 34/10, which is part of the Beds, Essex and Herts District.

Highlands Methodist Church **Hospitality in the Midst of our Community**

All telephone numbers are '01702' unless stated

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Church Flowers	Jean Edmonds	525250
Lettings/Use of Premises	Les Davis	558381
Older Persons' Worker	Julie Peek	479804

From the Editor

I'm really sorry for bringing cricket in again, but on the other hand it is our national sport (at least when we're winning).

While I was writing the August Highlander, England won the World Cup in circumstances that would be rejected as too extreme if they occurred in work of fiction. And as I wrote this, England were scoring a record-breaking 362-9 to win a test against the Aussies, thanks to a last wicket stand of 76. If you want to compare that feat with something equally unlikely, it's like someone winning the Olympic 100 metres on a pogo stick...



And yet the Aussie team to a man lined up at the end to applaud and shake hands with Ben Stokes, the chief architect of (for them) a catastrophic defeat. My mind drifted to Kipling's lines:

*If you can meet with Triumph and Disaster
And treat those two impostors just the same*

Or if you wanted something more prosaic you could go for a quote from baseball player Yogi Berra:

The game's not over until it's over.

Quite so. There are a couple of obvious conclusions. If the worst seems about to happen, remember that God has the last word and Jesus died to make everything OK in the end for all who have faith in Him. And if things are going really well for you, spare a thought for those who are less lucky. Just a prayer or a word or a gift from you could make a big difference.

AH

From Your Minister

As folks will know I haven't been around a lot through the month of August although I have tried to keep in touch with what has been going on. Sadly these past weeks have resulted in the death of Mary Barter and Edith Margaret Jarvis both who had been living at Langley Lodge in Westcliff and I know many will remember them with gratitude to God and great fondness.

Through the month Jan and I have been busy with first of all leading a team at the New Wine Conference at the show grounds in Peterborough. Our venue was set up to cater for parents and careers of children with additional needs - what a blessing and privilege to draw alongside many folks with very challenging lives and offer prayer, support and encouragement. We have come away humbled and blessed having learned so much both from our

Photo from www.campjojo.org



team and many of the people we were there to support. So often it works out that way, it always seems we receive so much more than we give.

After this we had a couple of days to

catch our breath before joining our daughter and another team of amazing people to help run Camp JoJo at East Mersea. JoJo was a young boy with severe additional needs who loved the outdoors but never got the chance to camp before he died a while ago. Camp JoJo is named in his honour and is for families with one or more children with additional needs - a place where they will be supported and have a truly amazing time together in the outdoors!

As well as all this we did manage to catch up with family and

return refreshed and ready to see what God has in store for us in the year ahead. Wishing everyone a very blessed start to the new church year!

God bless, Norman.

Prayer

We pray for our friends who are ill, housebound or bereaved and for those in residential care: *Pat Gare in Admirals Court, Marie Moore at Archers Court (Hitchin), Jean Burgess in St Martins Care Home and Doll Edwards in The Cedars. Vanessa Mayes now recovering at home from an accident in Cyprus.* Our thoughts and prayers are with them and their families.

We send our sympathy to the family and friends of Mary Barter who passed away peacefully on Wednesday afternoon 21 August. Mary was a stalwart of Highlands and the Southend and Leigh Circuit for many years until her stroke some years ago. Our prayers go especially to her daughter Ester, son-in-law Andrew, sons Daniel (in Brisbane Australia) and Philip, daughter-in-law Laura and grandson Peter. A fuller appreciation will appear in next edition of the Highlander.

Puzzle of the Month

Just trying this out as a feature. Here is a fairly easy mathematical puzzle to begin with.

Old Mother Hubbard discovers that the only thing left in her cupboard is a large chocolate cake (which luckily provides a nourishing and balanced diet for her large and growing family). She gives one-twelfth ($\frac{1}{12}$) of the cake to each one of her children, but she still has two-thirds ($\frac{2}{3}$) of the cake left to offer to any visitors.

How many children does Old Mother Hubbard have? (Answer p15)



Jobs for the garden

From our Special Gardening Correspondent

It's easy to feel slightly depressed as the evenings draw in and the weather cools ('thank goodness' say I) but September is such an amazing month to finish gathering in everything that your garden has produced, and store for the winter. And it's a busy month with lots of other jobs to do, apart from harvesting.

It's easy to forget to prune your lavender – including those young plants. Trim them now to stop them becoming leggy and unruly. Don't prune too hard – if you cut into the woody stems, they don't resprout; so cut down to just within the leafy growth.

Keep deadheading flowering plants to keep new blooms coming for as long as possible but bear in mind, this plea from the RSPB. Please don't deadhead plants with edible seeds; as insects (whose numbers are already declining due to the change in farming systems) die off, our garden birds rely on these seeds in the autumn.

Save some of your seeds for planting next year. Make sure they're completely dry before popping them into envelopes. And do label them. Then next spring, you've got free plants. Keep the envelopes in a cool, dark, dry place over the winter.

If you have autumn-fruiting raspberries, you can prune them to produce 2 crops. For two crops, prune as you would for summer-bearing, then prune to the ground again after the autumn harvest. If you only want them to fruit in the autumn, you don't need to prune in summer. Instead, cut all canes to the ground in spring. There will be no summer crop, only one in the autumn using this method.

Spring bulbs, apart from tulips, can be planted in September. As well as the wonderful display they give in the spring, they're a good source of food for insects when little else is in bloom. If planting in the garden, don't forget to plant to at least 3 times the depth of the bulb.

SGC

Humour Corner

Judge (preparing a very young witness to give evidence):
You know you shouldn't tell lies don't you?

Child Witness:
Yes I do.

Judge:
And do you know what happens if you tell lies?

Witness:
Yes. I'll go to hell.

Judge:
And what else...?

Witness:
Isn't that bad enough?

Dates to Remember

Music

At Wesley

Sat 28 Sept 7:30 pm – Southend Wind Orchestra Trilogy

Southend Bandstand, Priory Park

Sun 1 Sept 3:00 pm – Chelmsford Silver Band

Sat 7 Sept 3:00 pm – M7 (Dixieland & Swing)

Sun 8 Sept 3:00 pm – Graham Hunter Jazz Quartet

Sat 14 Sept 3:00 pm – Butler Crawford Duo

Sun 15 Sept 3:00 pm – Essex Yeomanry Band

Sat 21 Sept 3:00 pm – Remnants

Sun 22 Sept 3:00 pm – Sid Bolan Big Band

Sat 28 Sept 3:00 pm – Da Management

Sun 22 Sept 3:00 pm – Essex Police Band

All of these are free. More info ☎215624

Exhibition & Sale

From Zena Goss (whom some will remember as wife of Rev Brian Goss of this circuit) writes:

As many of you will know, the Revd. Teresa Rutterford is a highly creative and gifted artist – witness her quilted wall hangings at a number of churches, including Wesley, Highlands and Canvey Methodist Churches; not forgetting her Circuit Wall Hanging, and also her wall hanging in Rayleigh Baptist Church.

For two weeks, from 21 October to 4 November, a variety of examples of her beautiful and unique work will be on display and on sale in the shop PUDDLE & GOOSE close to St. Clements Church,

Leigh on Sea.

This will be a wonderful opportunity to buy special and unusual gifts, and a way to start your Christmas shopping! Profits from the sale of items will go to Rethink Mental Illness, Southend Recovery Point, in memory of her late son, Jerome.

HIGHLANDS METHODIST CHURCH MEMORY LANE TEA DANCE

featuring
Southend Mencap "Showstoppers"
Thursday 26th Sept
11am - 3pm
including all age Community Service
at 1.30pm





Staying Steady Here at Highlands - come and meet the instructor at **10:30 am Tuesday 10 September** in the church

Highlands will soon join a growing number of churches hosting specialist strength and balance falls prevention sessions run by Professional Health Improvement Practitioners. There will be **16 places only** available on this 36 week course, offered on a first-come first-served basis to anyone who meets the conditions required.

To take part in these specialist strength and balance sessions do come along to this initial meeting and hopefully 16 of us will be able to progress together. It's a great opportunity – offered first to you!

Highlands Memory Lane Tea Dance

11:00 am - 3:00 pm Thursday 26 September
(including an all-age Community Service at 1:30 pm)

Highlands Community Days are always memorable and this will be no exception. We'll recreate a 1940s Tea Dance with the music and nostalgia of this time. The theme as ever with our Highlands Community Days is:

We are far more united and have far more in common than that which divides us

Entertainment will be brought to us by the show-stopping 'Mencap Showstoppers' with a repertoire celebrating the music of the era, along with other talented guests that will no doubt be dropping by.

Come along, join the fun and (if you like) dress for the occasion.

Julie Peek

Mission Enabler for Older People & Memory Worship facilitator
Highlands Methodist Church

Serving the Homeless / HARP

The draw for our Summer Raffle takes place on 2 September.
Tickets are still available if you want to join in the fun.

This year it takes the form of a Prize Hamper Bonanza. We have six major prizes:

- Children's Toys Hamper
- Gardening Hamper
- Pampering Hamper
- Wines and Spirits Hamper
- Italian Food Hamper
- Complete set of Colin Dexter books.

Please support this venture at £1 per ticket. No ticket, no win.

HARP now has four charity shops. The latest was opened in Southend High Street. You now have an opportunity to grab a bargain when you shop in Southend.

Thank you all for your continued support by attending the functions we organise, your continuing contributions at the back of the church and of course your prayers that are always needed.

Highlands Hobbies

We'll be meeting on Thursday 5 Sept at 10:00 am in No 1 room when Margaret will guide us through producing plastic canvas Christmas tree hangings. Lunch will follow for those who wish to stay.

We'll also meet on Thursday 19 Sept at 10:00 am also in No 1 room. There will be the choice to either arrange flowers or make cards, as you prefer.

If you would like to try Hobbies or simply want to find out more about what we do please do not hesitate to call either Jean or Julie
- All are welcome.

Contacts - Jean Edmonds 525250 Julie Peek 479804

Crisp Packet Recycling

Highlands now has a facility, arranged by MenCap Showstoppers and sponsored by a well-known crisp producer, for depositing empty crisp packets instead of putting them in your waste bins, where they eventually go to landfill.

Once they have 8 kg (that's about 4000 bags) Showstoppers can send them off to be recycled into (for example) benches, plant pots and fence posts. For this Showstoppers receive a modest payment. Any make of crisp packet, completely empty and flattened, is acceptable, but not popcorn bags, meat snack bags or crisp tubes.

The collecting box can be found in the hall.

PinPoint

We are delighted to report that all places have now been filled to start our exciting Christmas project. Any visitors will be welcome to look in over the next few Wednesday mornings and normal PinPoint activities will start again on 13 November when new members are welcome. Normal PinPoint days are 2nd and 4th Wednesday mornings from 10:00 am to 12:30 pm.

Christian Aid

The acknowledgement from Christian Aid for our annual collection of £772.79 included the following news:



This Christian Aid Week we shared the stories of some inspirational mums in Sierra Leone, exploring how the lack of healthcare provision has affected their lives, and those of their families and communities.

One of those mums was Tenneh Bawoh, who shared with us the story of her first labour that sadly ended in the tragic death of her baby. Thankfully, when Tenneh was pregnant a second time, things had changed for the better. Christian Aid saw that Tenneh, and many mums like her, were in desperate need of healthcare. And that's how Nurse Judith came to save lives.

Tenneh told us : "During my second labour, I was scared. But Nurse Judith was with me, assuring me of everything. When I delivered, I felt so good.

Your donations this Christian Aid Week can now go even further, supporting communities like Tenneh's to build health clinics that will serve their communities now and in the future. Tenneh told CA, *We'll dance for three days when we have the new health centre.*

Thank you once again for your life-changing support this Christian Aid Week."

Well done to all who generously supported our Christian Aid Week especially the small band of helpers who collected door to door, to raise a great sum of money!



Coffee Mornings in September

7 September	Music @ Highlands
14 September	Church funds
21 September	Missions
28 September	MacMillan Cancer Support



Flower Rota

	Donated by	In memory of	Arranged by
1 September		[United Service @ Wesley]	
8 September	Ros Bryant	Parents	Jean
15 September	Les Davis	Margaret	Margaret
22 September	Teresa Williams	Auntie Phyllis	Pauline
29 September	Church Flowers		

There are some vacant slots on the flower rota. Please contact Jean if you would like to take one up.

SERVING the COMMUNITY 7 Days a Week

Children and Young People

Highlands Toddlers	Monday 9:30-11:30 am	Margaret Wood	☎ 557512
Rainbows	Wednesday 4:00-5:00 pm	Jacqui Hendle	☎ 557147
Brownies	Wednesday 5:30-7:00 pm	Dilys Hadow	☎ 710207
Cub Scouts	Thursday 5:45-7:15 pm	Lesley Bacon lesleykbacon@googlemail.com	
Scouts	Thursday 7:30-9:00 pm	Sally Monk	☎ 558857
Rangers	Thursdays 7:30-9:00 pm	Jacqui Hendle	☎ 557147
Guides	Friday 7:00-9:00 pm	Jacqui Hendle	☎ 557147

Fellowship Groups

Housegroup meets on 2nd and 4th Tuesdays.

Puzzle answer: Old Mother Hubbard has 8 children

Services to the Community

Regular **Sunday Worship**

Tuesday Morning **Prayer Service** at 9:00 am.

Social and Recreational

Knit & Natter Group	Tue 10:00 am-12:00 noon	Sylvia ☎556433
Badminton Club	Mon 8:00 pm	Sarah ☎902235 or Sophia ☎07796 265676
Hobbies	1 st & 3 rd Thu 10.00 am – 12:00 noon	Jean ☎525250
Ladies' Badminton	Fri 10.00 am – 12:00 noon	Dilys ☎710207
Pin Point	2 nd /4 th Wednesday 10:00 am – 12:30 pm	Teresa 07704 016391 Glenis 07484 744540
Adult Art Classes	Thu 2:00 – 4:00 pm	Susan ☎551025 or 07875 079739
Children's Art Club	Thu 4:00 – 5:00 pm	

Items for the **October 2019 issue** should be emailed to andrewghyde@aol.com **before Sunday 22 September** No email? Don't despair; just telephone 473111 to arrange an alternative.