

The Highlander

August 2016

Create peace and order in your life
by scheduling at least fifteen minutes
of unscheduled time in your day —
just for yourself -- and God

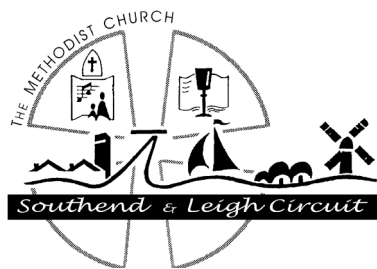


Sunday Worship in August 2016

7th	9.30	Breakfast Fellowship
	10.30	Morning Worship at Highlands Methodist Church Rev Chris Reeves
14th	11.00	Section Service at Belfairs Methodist Church Communion Service with Rev Julia Monaghan
21st	10.30	Morning Worship at Highlands Methodist Church Rev Julia Monaghan
28th	10.30	Section Service at Highlands Methodist Church Kathy McCullough

“S Club” meets at 10.30 am on Sundays
Sunday Club for Children - Crèche available

No. 817 Vol. LXVXIII.



The Highlander is published by Highlands Methodist Church, Sutherland Blvd, Leigh-on-Sea, Essex, SS9 3PT. Highlands Methodist Church is a member church of the *Southend and Leigh Circuit*, 34/10, which is part of the Beds., Essex and Herts. District.

Highlands Methodist Church Hospitality in the Midst of our Community

Minister	Rev. Julia Monaghan	483827
Secretary to Church Council	Patrick Smith	557702
Church Stewards	Lesley/Andrew Hyde	473111
	Jean/Frank Edmonds	525250
	Steve Jones	553898
	Kathy McCullough	714528
Worship Leaders	Jennifer Courtenay	556140
	Frank Edmonds	525250
Church Treasurer	Janet Watson	555702
Property Co-ordinator	Anne Lane	01268 565644
	e-mail: annelane8@btinternet.com	
S Club Leaders	Jean Edmonds	525250
	Ros Bryant	478631
Pastoral Co-ordinator	Maureen Kelly	556152
Church Flowers	Jean Burgess	556278
Lettings/Use of Premises	Les Davis	558381
Mission Enabler for Older Persons	Julie Peek	479804
Website :	www.highlandsmethodist.org.uk	

All items for the **September 2016** issue of *The Highlander* should be handed in writing to **Frank Edmonds** (or put in the "E" section of the pigeon box in Jubilee Room) latest 10.30 a.m. **Sunday 21st August 2016**. Preferably, items may be emailed to frank66thecroft@sky.com
The *Highlander* will be ready for distribution on **Sunday 28th August 2016**.



AND ARE WE YET ALIVE, AND SEE EACH OTHER'S FACE?

The above is the first line of a hymn, which I have sung many times before, but on Saturday July 2 at the Methodist Central Hall, Westminster I joined with a huge crowd (ticket only) and sang it at the OPENING SERVICE of the METHODIST CONFERENCE. This takes place annually in different parts of the country and this year was in London. I only found out recently that anyone may go to conference as an observer. I went twice.

The opening service was inspirational. The President for 2016/7, Rev. Roger Walton and the Vice President, Rachel Lampard were inducted and both addressed conference. I first met Roger, when he led our daily bible studies at Methodist Summer Fellowship 2011.

His presidential address was about HOLINESS and he used other terms to explain including SPIRITUAL FITNESS, WHOLENESS AND RESILIENCE.

I went back on the Monday and observed CONFERENCE in action. Rachel Lampard chaired a session on the International Day for remembrance of the slave trade and its abolition. Other speakers spoke of modern day slavery and the need for action. On both days I looked around the Exhibition and engaged with the exhibitors. I had planned out what I wanted to see and do, but I did not complete my list, but did learn a lot. Each day my rucksack got heavier and heavier.

I spent time with the Action for Children team and explained our circumstances at Wesley. I did agree to be our church contact.

I bumped into Jane Leach, Principal of Wesley House, Cambridge and talked to her about the 2017/8 Worship Academy programme and she is happy to receive an invitation. If you want some good reading ask me to forward to you their on line magazine; HOLINESS.

I had never heard of OUTCOME, but chatted away to both exhibitors and later walked around London wearing a badge which read: Some people are gay, get over it. This made for an interesting conversation on West Ham station later.

The Methodist Heritage staff were wonderful. My Mum grew up as a Primitive Methodist and always thought of herself as a Prim., even after she had joined a Wesley Methodist Church. We want to spend one holiday visiting some of the Methodist Heritage sites including Epworth and the Englesea Brook museum of Primitive Methodism. We may get to the New Room in Bristol this Summer.

Over two short days I merely experienced a snapshot, but all was time well spent and I was very interested in what I saw. When CONFERENCE returns to London I shall definitely want to go again. You might want to consider it. Do ask me about it if interested.

EILEEN SIMMONS

21.7.16.

Following the tragedy in Nice and subsequent terrorist events

"The measure of love is love without measure."

Bernard of Clairveux

For those who have suffered immeasurable loss;
for those overwhelmed with immeasurable concern;
for those captured by immeasurable fear;
for those stirred by immeasurable hate:

We pray for those caught up in the trauma in Nice,
that the immeasurable love of Christ may comfort them;
that the immeasurable peace of Christ may bring them calm;
and that the immeasurable grace of Christ may sustain them
Amen

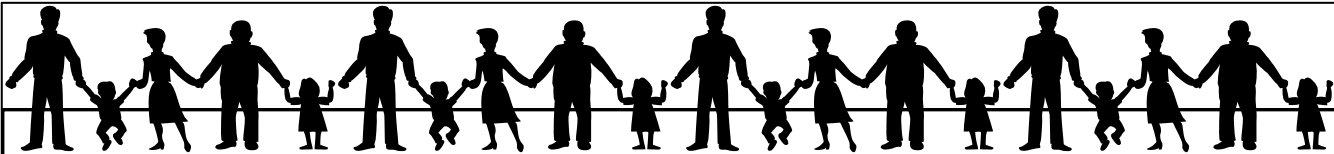
Rev Julia 15th July 2016

Midweek Communion

Please note that there will be NO Midweek Communion in the Section during August. Normal Services will resume in September.

Flower Rota for July 2016

<u>Date</u>	<u>Donated by</u>	<u>In memory of</u>	<u>Arranged by</u>
7th	Bruce Barter	Kathleen	Mary Barter
14th	Section Service at Belfairs Methodist Church		
21st			Hobbies
28th	Frank & Jean	Brian	Jean Edmonds



Prayer

We pray for our friends who are ill, housebound or bereaved and for those in residential care: Joan Field at *Merrie Loots Farm*, Marie Moore at *Archers Court* in Hitchin and Margaret Ross at *Memory House*.

Our thoughts and prayers are with them and their families at this time.

Sympathy

We extend our sympathy to the family and friends of Audrey Dobson who passed away on 14th July.

Congratulations

Our cleaner, Jessica, had a baby boy whom they have named Oscar. He arrived on Thursday 7th July, three weeks early, weighing 7 lb 9 oz. Mummy and baby are doing well.

Highlands 90th Anniversary Celebrations

Over the weekend of 22nd/23rd October we will be celebrating 90 years of Highlands. There will be a display of historical events at Highlands together with a guest preacher on the Sunday.

Several things are already being prepared for the weekend. For those who would like to come along who would like to take part, come along to help or are interested in what is happening our next meeting is Monday 19 September at 8 pm.

Pantomimers

Calling all who took part in our pantomimes. It seems our once "young ones" never forget them.

We thought that you may like to have a reunion on the weekend of 22nd/23rd October. The church will be open all day on the Saturday with refreshments before our Review at 5.00pm. We would love some of you to take part in a mini pantomime (20 minutes?). Trevor is writing furiously as we speak. Much interest has been shown so far. If interested please contact Jean & Frank (01702 525250 or frank66thecroft@sky.com)



Dates to Remember

Knit and Natter Social Group

We are a friendly group of ladies who meet on Tuesday morning from 10am to noon during term time. Some of us knit, some crochet and some of us just natter. We enjoy each other's company and a cup of coffee/tea and biscuit. You will be made very welcome if you would like to join us. On holiday for August.

Highlands Hobbies

We will meet in August on the 4th and follow with our bring and share lunch, also on 18th August from 10.00 to 12 noon. We continue using our various talents in card making, flower arranging, needlecraft, knitting, chatting and making coffee. We welcome new faces and new talents to join our happy group.

(Contact : Jean Edmonds 525250 or Ros Bryant 478631)

ABRSM Exams

A big thank you to those who helped with stewarding during the recent Music Exams. These exams represent a very important source of income for Highlands and your efforts are very much appreciated.



COFFEE MORNINGS

A list is to be put in the Jubilee Room showing vacant slots for Saturday Coffee Mornings from September. If you wish to run any, please indicate on the list the days that you would like. In case of conflict please contact Les Davis.



Circuit Prayer Breakfast

Led by our Superintendent the Rev Peter Moorhouse, is next happening on **Saturday 6th August at 8.30am at The Elms, London Road, Leigh-on-Sea.**

All are welcome - come along, order your breakfast at the bar and join us on the raised area towards the rear of the premises on its left hand side. Time to enjoy a good value breakfast, share together and pray together for the world, our circuit and the churches and whatever else is on hearts!

We meet on the first Saturday of every month.

Circuit Events

Saturday 6th August - Circuit Prayer Breakfast
Monday 5th September - Thundersley Fund Raising Meal at **Affinity**
Further details in the Jubilee Room
or the Circuit website at
www.southendandleigh.org

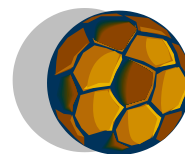
Alternative Worship

Belfairs Methodist Church - "Thirsty For ??" - 2nd Thursday
Next date — 11th August at 7.00 pm
+ + + +
Wesley Methodist Church - Informal Worship - 4th Tuesday
NO meeting in August

Smile Lines

Game Rules

During the local football game, the coach asked one of his young players: "Do you understand what cooperation is?" The little boy nodded yes. "Do you understand that what matters is winning together as a team?" The little boy nodded yes. "Okay," the coach continued, "do you also understand that when the referee makes a decision, you don't argue or curse or threaten to attack him, right?" Again, the boy nodded vigorously. "Good," said the coach. "Now go over there and explain all that to your mother."



Reward

A father of five children came home with a toy. "This is a reward for being good," he said. "Who is the most obedient one here? Who never talks back to Mum and does everything that Mum says to do?"
There were a few seconds of silence, and then all of the children said: "You play with it Daddy!"

Parish Pump



The 2016 Week of Accompanied Prayer

From Sunday 9th – Sunday 16th October, the Leigh Section will be joining with St Clements to hold a Week of Accompanied Prayer.

Why are we having a Week of Accompanied Prayer (WAP)?

The purpose of such weeks is to encourage people in their prayer lives by providing an opportunity to reflect each day on their prayer, in the company of a prayer guide, or companion. What an individual participant experiences, over the course of the week, will be unique to them. For example, one may learn different ways in which to pray, another be helped to overcome a difficulty they have with prayer and someone else may simply begin to pray regularly for the first time. Often people experience a new or deeper meaning in their prayer and a greater awareness of God's presence in their daily lives.

It sounds like a retreat. If I take part, do I have to go somewhere special for the whole week?

A WAP is like a retreat but it doesn't involve going away for the week. Each day you will meet with your guide for thirty minutes either at one of the section churches or at St Clements. You will be invited to set aside thirty minutes to pray on your own each day. For the rest of the time the activities of your day continue as they would normally whilst feeding into and being fed by prayer.

Who are the Prayer Guides?

The team of prayer guides may include women and men of various denominations, some lay, some ordained and possibly some members of religious orders. All will have received training in helping others in their prayer. The role of the guide is mainly to listen: to accompany the participants during the week, encouraging each person to honour his or her own prayer and to be aware of how it may be developed.

Does the WAP cost anything?

Although the WAP is free to join, the week will cost in the region of £500 to put on and therefore we suggest that you consider making a donation of £5 to £10 to contribute to these costs.

P.T.O.

Where can I get more information?

Between June and the beginning of October more information will be available through:

Leaflets at the back of church

Meetings: 11am 9th July St Clement's
8pm 28th July Wesley Methodist

These meetings will explain how the week works and answer other questions that you may have. You are invited to attend the meeting which is most convenient for you.

If you are uncertain whether the WAP is for you, please feel free to talk with Rev Julia

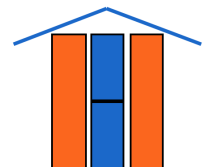
Some feedback from participants in the WAP last year:

Before the WAP I was nervous and not sure if I was doing the right thing for me. I am grateful to the WAP for making me aware of the benefit of a dedicated time for prayer.

Before the WAP my feelings and expectations were that something suitable for me and my needs was being offered. It helped me to become more aware of the presence of God within and around me.

I am grateful to the WAP because it has cleared my head of unnecessary "gabbling" at prayer and has shown me the value of silence and how God really speaks to me in the silence!

Serving the Homeless



July/August	Summer Raffle: contact the number below for tickets.
July/August	Holiday activity for the children: follow the clues from the Cliffs Pavilion to the Conservation area. Prizes will be awarded for the correct answers.
22nd October	Italian meal in the upper hall at Our Lady of Lourdes Parish Centre.
16th December	Carols and Poems for Christmas at Our Lady of Lourdes Church followed by mulled wine and mince pies in the parish centre.

For further details contact Frank Edmonds on 01702 525250

Message from 10th Leigh Rainbows.

The Rainbows have had a busy term and have all achieved their Season Roundabout badges. The Rainbows had to grow a sunflower seed and they are having a competition to see who will grow the tallest - leaders were included. They also took up different challenges set by the Senior Section and have achieved another badge. The challenges were to celebrate the centenary of the Senior Section (14 - 25 years). It is with great pleasure that we welcome Natalie Lazell as a uniformed leader with the unit. More help is still needed, especially as we are losing one of our Unit helpers. Michele has been with us since we opened but with her daughter moving up to Brownies in Sept, it is time for her to move on as well. We also have another Rainbow moving up to Brownies in Sept, which means we will be welcoming two new girls into our unit.

Message from 10th Leigh Brownies.

The Brownies have also been busy with different activities, the girls gained their Butterfly challenge badge and have also been doing the Senior Section challenge - The Sky is the Limit. 6 Brownies represented the unit at the Divisional Rosebowl competition in June. They were the runners up and the winners were the Brownies from Hadleigh Methodist. We had a Beach themed evening on the 13th for the 4 girls that were moving on. We had our final meeting on Monday 18th at the RNL station, shore end. It was a very good evening and the girls thoroughly enjoyed hearing about the different boats that are used and also trying on the equipment the men and women wear.

Congratulations go to Janet Kirkpatrick and Jacqui Hendle on being presented with the Essex Good Guiding (EEG) award at the Division AGM. Vicki Draper, Ranger leader, was presented with her 5 year service award on the same night.



MOVIES at HIGHLANDS

Weds 17th August at 1.30 pm

Victoria Wood's "THAT DAY WE SANG"

Michael Ball and Imelda Staunton star as Tubby and Enid, reunited in 1960's Manchester, forty years after they sang as children on a famous record.

That Day We Sang is an all singing, all dancing feel good treat. It is glamorous, funny and poignant as the last feature writing and directing of the hugely talented comedian and actress Victoria Wood.

A FREE event (come from 12 noon with your picnic lunch and enjoy some soup. Tea and coffee also available)

A STRONG HOLD

Should I slip and lose the way
The Lord will hold me fast,
Should I chose to walk away
I'm firmly in His grasp.

Though I walk through death's dark vale,
His rod and staff are there
I would not dare to walk this path
Without His loving care.

Although my hold on Him is light
His loving arms are wide,
What He's begun He will fulfil
Till I am safe on Canaan's side.

What God is this who loves us so?
Our future He has planned,
We're ever safe in His embrace
And none can snatch us from His hand.

By Megan Carter

Parish Pump



**Bedfordshire, Essex and Hertfordshire
District Policy Committee**

Invite you to a Welcome Service
for our new District Chair

The Revd Dr David Chapman

at Chelmsford Cathedral
on Wednesday 24th August

Full details in the Jubilee Room



Southend and Leigh Methodist Circuit
welcomes

Rev Chris Sandy and his family

Please come and join in the welcome service
at Benfleet Methodist Church
on Saturday 10th September at 3pm

Full details in the Jubilee Room

Observations on Life

We should all swap problems; everyone knows how to solve the other
guy's. Anon

It is better to learn late than never. Publilius Syrus

The egotist is an 'I' specialist. Anon

Once you've seen one shopping centre, you've seen a mall. Anon

Bakers trade bread recipes on a knead-to-know basis. Anon

You feel stuck with your debt if you can't budge it. Anon

Parish Pump

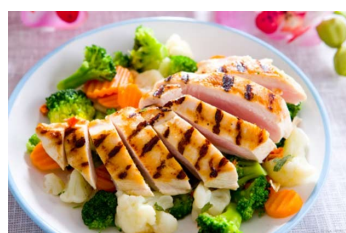
**A Charity Meal will take place on
Monday 5th September –
7 pm at Affinity Restaurant,
London Road, Leigh-on-Sea in aid of the
Foyer Extension Project at Thundersley
Methodist Church.**

**The evening will consist of a drink when you arrive
followed by a 3 course meal with tea/coffee to follow.**

(Any other drinks will be at your own expense)

Cost of meal - £20

You would be most welcome



**It is essential that you book your place
with Anne Lane on 01268 755291 or
email : annelane8@btinternet.com**



Southend Talking Newspaper is a FREE, weekly, audio record of local news for blind and partially sighted people who are unable to read a newspaper.

Each week our volunteers read and record about an hour of local news. It is posted, "first class", to our visually impaired listeners, keeping them up to date with local events and matters of interest.

There is also a regular audio "magazine edition" with local and more distant articles.

We record on CD or special USB memory sticks and can provide a USB player, at no cost to the listener, if necessary.

Do you know someone who is unable to read the paper and who might welcome this FREE service ? If so please contact:

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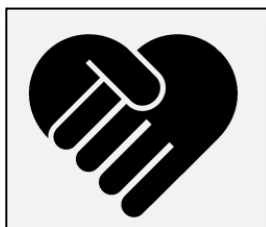
Secretary Eric Quarmby on 01702 554536 or
Chairman Nigel Gayner on 01702 305064

Southend Talking Newspaper was originally formed as a community project by Southend Rotary and Inner Wheel Clubs. It became an independent charity in 1980

Alzheimer's Poem

Do not ask me to remember
Do not try to make me understand.
Let me rest and know you're with me.
Kiss my cheek and hold my hand,
I'm confused beyond your concept.
I am sad and sick and lost.
All I know is that I need you to be with me at all cost
Do not lose your patience with me.
Do not scold or curse my cry.
I can't help the way I'm acting,
Can't be different though I try.
Just remember that I need you.
That the best of me is gone.
Please don't fail to stand beside me,
Love me till my life is done.

Unknown



Serving the Community 7 Days a Week



Children and Young People

Toddlers Group, Monday	9.30-11.30a.m.	Margaret Wood	557512
		e-mail contact :-	
		highlandstoddlers@hotmail.co.uk	
Rainbows Wednesday	4.00-5.00 p.m.	Karen Packer	474151
Brownies Wednesday:	5.30-7.00 p.m.	Dilys Haddow	710207
Cub Scouts Thursday:	5.45-7.15 p.m.	Dan Raven	07982 840145
Scouts Thursday:	7.30 p.m.	Sally Monk	558857
Rangers Alternate Thursdays	7.30 p.m.	Jacqui Hendle	557147
Guides Friday:	7.00 p.m.	Jacqui Hendle	557147

Fellowship Groups

Housegroup meets on Tuesdays.

Services to the Community

Regular Sunday Worship

Midweek Communion :-

1st Wednesday	Wesley Methodist Church at 9.00 am
2nd Wednesday	Belfairs Methodist Church at 9.00 am
4th Wednesday	New Road Methodist Church at 9.15 am

Tuesday Morning Prayer Service at 9.00 a.m.

Coffee mornings: Saturday from 10.00 a.m. to 12 noon in the Church

Coffee is also available to visitors to the Craft Group on Tuesdays and Hobbies on Thursdays

Traidcraft : Catalogue available for orders. Various items on sale at rear of church.

Social and Recreational

Knit and Natter Group Tuesday	10.00 a.m.-12 noon	(Sept.-July)	
Badminton Club Monday	8.00 p.m.		Sarah 01702 476009
			or Sophia 07796 265676
Hobbies 1st & 3rd Thursday	10.00 a.m. - 12.00p.m.		Jean 01702 525250
Ladies Badminton Friday	10.00 a.m.		Dilys 01702 710207
MOTHs (Meet on Tuesdays at Highlands)	1st Tuesday	2.30 p.m.	
Adult Art Classes Thursday	2 - 4 p.m.		Susan 07875 079739
Children's Art Club Thursday	4 - 5 p.m.		or 01702 551025
Brush Strokes Art Group Saturday	9.15 a.m. - 12.15 p.m.		Beverley 01277 627043